



HERTFORD COUNTY

STATE OF THE COUNTY HEALTH REPORT 2015

Back Ground Information About this Report

This publication provides an update of progress made in addressing the priority health issues selected following the release of the 2012 Community Health Assessment. During the years between community health assessments (CHA), local health departments conduct and provide an abbreviated State of the County Health Report (SOTCH Report) for county residents. Health priorities help guide the planning of programs and services for the community. Since 2012, Hertford County Public Health Authority (HCPHA), and our Community Partners have worked to address several community health concerns in Hertford County. This document summarizes the status of our combined efforts.

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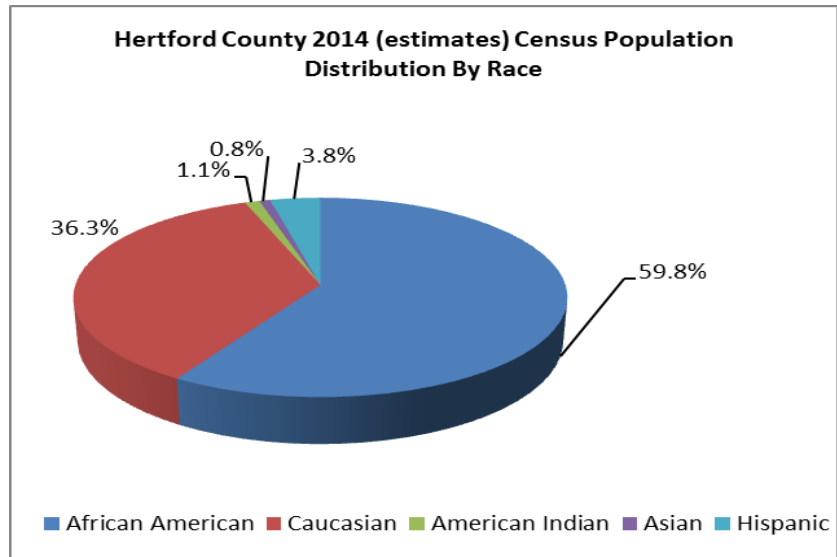
Katina Eley-Hardy, PA-C

Hertford County Demographics

- ◆ Population, 2014
24,301
- ◆ White Persons, 2014
36.3%
- ◆ Black persons, 2014
59.8%
- ◆ American Indian & Alaska Native Persons, 2014
1.1%
- ◆ Asian Persons, 2014
0.8%
- ◆ Persons of Hispanic or Latino Origin, 2014
3.8%
- ◆ High School graduates, % of persons age 25 +, 2010-2014
76.6%
- ◆ Bachelor's degree or higher, % of persons age 25+, 2010-2014
14.3%
- ◆ Median household income (in 2014 dollars), 2010-2014
\$32,201

Population Status

The majority of the population in Hertford County is African American. The Hispanic, American Indian and Asian populations in Hertford County are very small compared to other NC counties.



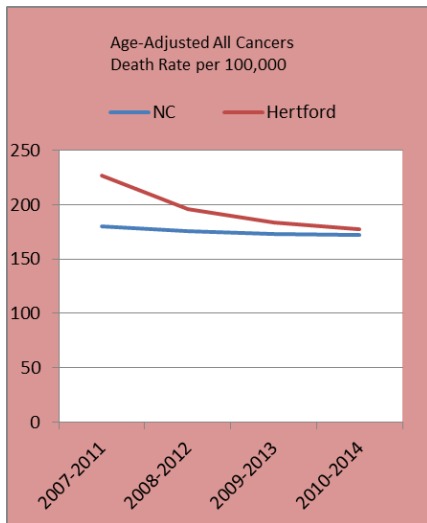
Demographic data derived from www.census.gov

Hertford County 2010-2014 Top 5 Causes of Death

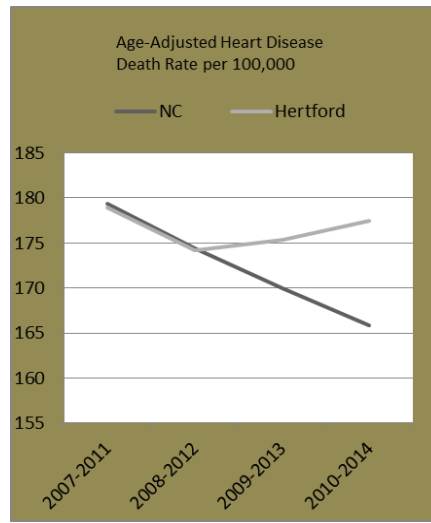
Causes of Death	# of Deaths	Death Rate
Heart Disease	286	177.4
Cancer-All Sites	282	176.9
Diabetes	86	54.1
Stroke	67	41.7
Chronic Lower Respiratory Disease	52	32.8

NC Dept. of Health and Human Services
Division of Public Health/State Center for Health Statistics

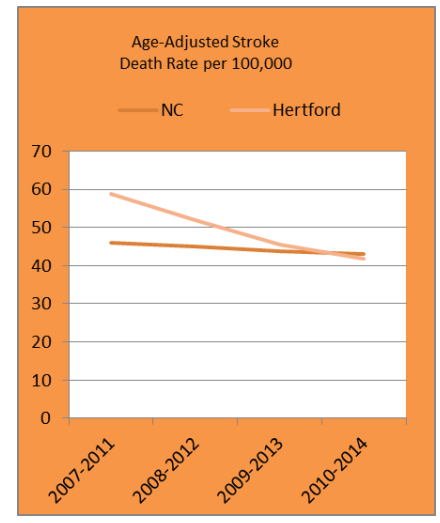
Major Morbidity and Mortality Data



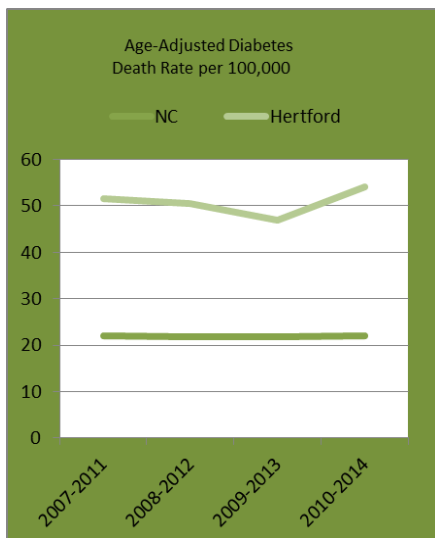
From 2010-2014, there was a total of 282 deaths in Hertford County due to cancer with lung cancer exceeding all other cancers. The cancer death rate in Hertford County continues to show a steady decline.



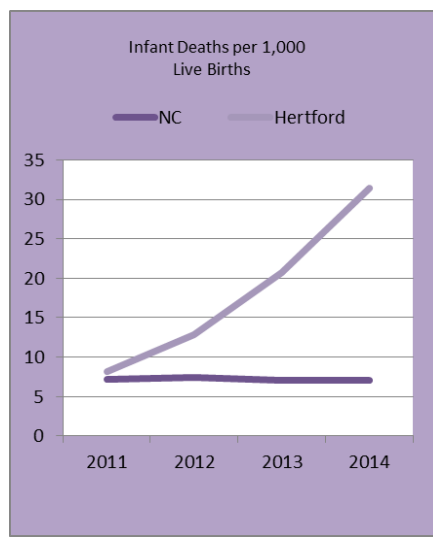
Deaths due to heart disease has steadily increased over the last 4 years. Hertford County rate now exceeds NC rate. Heart disease is the leading cause of death in Hertford County.



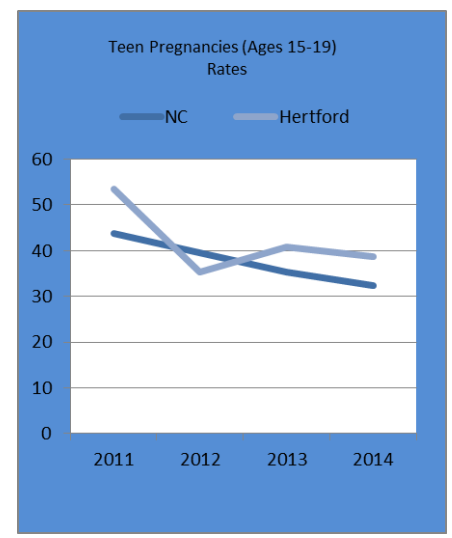
The death rate in Hertford County due to stroke continues to show a downward trend. Stroke is the 4th leading cause of death in Hertford County and is slightly lower than the state rate.



From 2007-2012, the mortality rate due to diabetes has remained steady. The chart shows an increase in the mortality rate from 2009-2014. Hertford County rate continues to be twice as high as the NC rate. The gap between the Hertford County rate and those of NC rate has been getting wider over time.



The infant mortality rate in Hertford County shows an increase over the last 4 years. There was a total of 7 infant deaths in Hertford County in 2014. The infant mortality rate in Hertford County exceeds that of the NC rate.



The graph shows that the teenage pregnancy rates for Hertford County has been up and down for the last four years. The 2014 rate is showing a slight decrease. Hertford County rate remains higher than that of the NC rate. There was a total of 32 pregnancies in Hertford County in 2014.

Hertford County

Community Health Priorities

Identified from 2012 Community Health Assessment

1. **Access to Care** (need for specialty care, lack of evening/weekend hours for health services, need to link people/population to needed personal health services)
2. **Adolescent Health** (teen pregnancies, STDs, violence, drugs abuse, childhood obesity, youth tobacco use prevention)
3. **Chronic Disease Prevention** (diabetes, prostate cancer)

Access to Care, Progress to Date:

- √ Hertford County Public Health Authority implemented the new electronic medical records system called Patagonia. Patagonia has been a great asset in assisting the agency to becoming more efficient and progressive towards organizing and analyzing patient data.
- √ There are a total of 452 active clients enrolled in the Hertford Health Access Network. Based on income eligibility, this program assist individuals with accessing medical services.
- √ Patient navigators continue to navigate patients through the network of care system providing case management and other needed resources to qualifying patients.
- √ Hertford Health Maintenance Alliance formed a transportation committee to address transportation issues as it relates to access to care.

Adolescent Health, Progress to Date:

- √ Hertford County Public Health Authority continues to work with the schools regarding tobacco prevention activities.
- √ The School Based Health Center continue to offer health education and behavior health services to reach high school students.
- √ Middle school students continue to access Behavioral Health Services at the School Based Health Center.

Chronic Disease Prevention, Progress to Date:

- √ Hertford County Public Health Authority and the Community Health Center is collaborating with the University of NC at Chapel Hill implementing the CHANGE (Carolina Heart Alliance Networking for Greater Equity) Program. The program focuses on reducing the risk of cardiovascular disease in rural and medically underserved communities. To date there are 44 people enrolled in the program.
- √ Hertford County Public Health Authority submitted a proposal to Vidant Roanoke Chowan Hospital, Community Benefits Grant for \$20,000 to support Breast and Cervical Cancer Prevention . The proposal was funded.

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- √ Hertford County Public Health Authority 's chronic disease department organized World AIDS Day Art Exhibition in honor of World AIDS Day. Many people in the community were educated and tested for HIV.
- √ Hertford Health Maintenance Alliance partners continue to refer uninsured individual into the Hertford Health Access Network.
- √ Implementation of the first annual Live Together Screen Together Conference focusing on Cancer prevention and education. There was over 150 people in attendance.
- √ Hertford County Public Health Authority continues to lead and support the Region Nine HIV/AIDS Disease Management Network. This service is provided to 17 counties in the region providing confidential HIV counseling and screening at no charge. In addition, qualified staff also provides sexually transmitted diseases evaluations and treatment at no cost to the patient.
- √ Partners continue to provide health information regarding various chronic diseases at community events such as diabetes, risk factor for cardiovascular disease and weight reduction.
- √ Roanoke Chowan Community Health Center and Vidant Wellness Center Diabetes Education Program continues to provide an inpatient nutrition and diabetes program. This program provides diabetes management and education to patients as well as healthy eating and nutrition education (including cooking demonstrations).

New Initiatives

- Project LAZARUS is now implemented in Hertford County
- Transportation Initiative
- Youth Wellness Academy (Summer Camps)
- Farm to School to Health Care Program.

Emerging Issues

- Youth Obesity
- Youth Diabetes
- Prescription Medication Abuse by Youth
- Falls Regarding Senior Citizens

HOW CAN YOU GET INVOLVED?

For more information contact the Health Promotion Division with
Hertford County Public Health Authority at
(252) 358-7833 or go online to
www.hertfordpublichealth.com



Public Health
Prevent. Promote. Protect.

Hertford County Public Health Authority Locations & Services

Administrative Office, Environmental Health and Health Promotion Services

801 North King Street
Winton, NC 27986
252-358-7833
(252)358-7869 fax

Personal Health Services

828 South Academy St.
Ahoskie, NC 27910
252-332-6650

WIC Services

718 Evans St.
Ahoskie, NC 27910
252-862-4217

Chronic Disease Management and Outreach Services

714 Evans Street
Ahoskie, NC 27910
252-332-6650

Hertford Home Health Agency

704 Evans Street
Ahoskie, NC 27910
252-332-6747

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